

# Fall 2016 Board and Care Core Operators Training Program Schedule

Location: Ocean County Fire & EMS Training Center  
200 Volunteer Way, Waretown, NJ 08758

**\*Registration:** 8:30 am - 8:45 am

**\*Pre-Test/What Have You Learned:** 8:45 am - 9:00 am

**\*Doors Close:** 9:00 am

**Post-Test/Evaluations:** 3:30 - 4:00 pm

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Subject</u>	<u>Trainer</u>
10/19/16	Wednesday	9:00 am - 3:30 pm	Ground Floor Conference Room	DCA Introduction and Regulations Psychotropic Medications & Side/ Medication & Physical Side Effects Emergency Preparedness.	Rick Morales / Marion McLaurin
10/26/16	Wednesday	9:00 am - 3:30 pm	Ground Floor Conference Room	Cultural Competence Nutrition and Menu Planning Screening and Selection Understanding Mental Illness	Rick Morales / Marion McLaurin

**\*The times listed will be strictly adhered to. Participants must sign-in at registration and sign-out at the end of class to get credit for the class.  
Any conflicts with schedule, please call Yenny Yunes at (609) 569-0239 x1158 one (1) week prior to beginning of class to discuss options.**

# Core Operators Training Program Course Descriptions

## DCA Introductions & Regulations

Representatives from the Department of Community Affairs will discuss current regulations, policies and procedures governing the Boarding Homes and Residential Health Care Industry.

## CPR Training & First Aid

This course will teach students how to perform CPR on an infant, child and adult.

**Note: this course is not for certification**

## Psychotropic Medications and Side Effects Medications and Physical Side Effects

A licensed Nurse Practitioner will offer a conceptual framework of health including; recognizing physical and psychiatric illness and identifying the appropriate response. They will provide resources and information on how to maintain a healthy atmosphere within the residential setting and explore issues related to medication including; drug interactions, the role of pharmacy consultants, pathology and physiology issues, and medication supervision.

## Issues Related to the Elderly

In this course, participants will learn about issues affecting elderly residents including those with mental illness and substance abuse problems.

## Screening & Selection

In this course, participants will learn techniques to help gather information that will lead to successful selection of residents for their facilities.

## Mental Health Wellness & Recovery

This course focuses on the wellness and recovery model. Knowledge of common illnesses, age appropriate screening tests and other important health factors are discussed.

## Emergency Preparedness

Through this course, participants will learn how to create an emergency plan for disasters. Many techniques will be discussed including: fire, hurricane and natural disaster safety.

## Behavioral Management

This course will teach participants how to identify potential crisis situations as well as prevention and intervention techniques. The benefit of local mental health centers and screening units are also discussed.

## Understanding Mental Illness

This course will discuss the problems and special needs of residents who are elderly, mentally ill or developmentally disabled. Additional topics discussed include: behavior management, communication skills and the effects of institutionalized living on residents.

# Core Operators Training Program Course Descriptions

## Nutrition and Menu Planning

This course provides information on preparing satisfying meals and menu planning that meets current nutritional and dietary standards.

**Note: feel free to bring in your facility's menus to reference in class**

## Substance Abuse/MICA

A New Jersey Certified Alcohol and Drug Counselor will discuss information on how to recognize and deal constructively with the chemically dependent resident.

## Cultural Competency

Through this course, participants will develop an understanding of emotional diversity and how these concepts can be applied to other races, genders and ethnic groups.

